



Rehydrate

A box and a white plastic canister of Rehydrate Electrolyte Replacement Drink. The box is red and white with the product name 'Rehydrate' and 'fruit punch' visible. The canister is white with a red label and the product name 'Rehydrate'.	<p>OVERVIEW</p> <ul style="list-style-type: none">- 14 servings per box or 70 per canister.- Available in Fruit Punch, Grape and Citrus.- Helps prevent cramping during and after exercise.- Keeps the body hydrated during physical activity.- Replaces key electrolytes and minerals lost through sweat.- Includes antioxidants, carbohydrates and other nutrients that promote optimal hydration and recovery.
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DETAILS

Rehydrate Electrolyte Replacement Drink does more than replenish lost fluids, minerals and electrolytes. It sustains energy and muscle endurance with carbohydrates and amino acids. It also contains antioxidants to neutralize the free radicals your body produces during physical activity. Unlike other similar drinks, Rehydrate contains a 1:1 ratio of potassium and sodium - the two most vital electrolytes lost through sweat. And it helps prevent cramping with calcium, magnesium and L-glutamine to support the contraction and relaxation phases of the muscles.

Is this you?

Someone who wants to sustain hydration and energy during physical activity.

Someone who wants a superior sports drink.

Someone who wants to enhance your exercise regimen.

Someone who wants a healthy drink for everyday use.

DIRECTIONS

- For ages 4 and older.
- Shake or stir contents of one pouch or scoop into 8 fluid ounces of water.
- Drink liberally before, during and after physical activity.

KEY INGREDIENTS

Key Ingredients: L-arginine, calcium, magnesium, sodium, potassium, chromium, L-glutamine, thiamine (B-1)

* **NOTE:** *If you are pregnant or nursing, check with your healthcare professional before taking this product.*

