




Nighttime Recovery

	<p>OVERVIEW</p> <ul style="list-style-type: none">- Provides enhanced muscle growth and supports muscle repair while you sleep.*- Helps your body to more effectively respond to the demands of physical activity.*- Naturally supports the production of growth-related hormones*- Enhances energy production to help the body sustain higher workloads before the onset of fatigue.*- Supports the body's ability to respond to stress such as physical training.*
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* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DETAILS

To enhance the benefit of your body's natural processes, Nighttime Recovery supplement incorporates a unique combination of adaptogens and other nutrients from around the world to allow your body to more effectively respond to the demands of physical activity.* It naturally supports the production of growth-related hormones, and it enhances energy production, helping the body sustain higher workloads before the onset of fatigue.* The adaptogens in Nighttime Recovery support the body's ability to respond to stress such as physical training.* Nighttime Recovery is most effective when used as part of the Performance Elite system. While other products in the line provide pre-workout support and immediate post-workout recovery, Nighttime Recovery provides enhanced muscle growth and supports muscle repair while you sleep.* It is equally beneficial for non-athletes wanting to nourish and support their muscles.*

Is this you?

Someone who regularly exercises or participates in weight training

An athlete who wants to improve your training regimen

An aging senior who wants to build and retain muscle mass

DIRECTIONS

- For ages 18 and older.

- Take the recommended number of caplets according to your weight, and consume on an empty stomach at bedtime.

* **CAUTION:** *This product is not intended for pregnant or nursing women or for children under 18 years of age. Keep out of reach of children.*

KEY INGREDIENTS

L-ornithine, L-arginine, moomiyo, ashwagandha extract, eleuthero root, saw palmetto extract, wild yam extract, nettles extract, niacin, magnesium, zinc

* **NOTE:** *If you are pregnant or nursing, check with your healthcare professional before taking this product.*

