




Catalyst

 A white plastic bottle of Catalyst Amino Acid Supplement with a purple label. The label features the Advocare logo and the word 'CATALYST' in large letters.	<p>OVERVIEW</p> <ul style="list-style-type: none">- Helps maintain muscle mass during exercise & weight management*- Aids in preserving muscle and energy levels during times of calorie restriction*- Helps repair & protect muscle tissue*- Works great in conjunction with AdvoCare Spark® Energy Drink and one of the Metabolic Nutrition Systems (MNS®)
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* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

DETAILS

Catalyst™ Amino Acid Supplement is a blend of essential branched-chain amino acids and L-glutamine that supplies your body with muscle-building components and sustains your muscles during exercise and reduced calorie intake.* Whether you're trying to lose weight or gain muscle, Catalyst helps repair and protect muscles.* And it works great in conjunction with other AdvoCare® products like Spark™ Energy Drink and one of the Metabolic Nutrition Systems (MNS®). Other amino acids in Catalyst like L-arginine, taurine and betaine help fuel and maintain your muscles to support endurance and strength.* Combined with a healthy diet and exercise, Catalyst helps you retain muscle and reduce fat for a more toned and better defined look.*

Is this you?

- Someone who needs to preserve muscle, especially when you've restricted your caloric intake
- Someone wanting to improve your fitness regimen by enhancing strength and endurance
- Someone needing an added boost to your current weight-loss program
- Someone who wants to tone, define and preserve your lean body mass

DIRECTIONS

For ages 12 and older.
Take three capsules between meals or immediately prior to exercise or training.

KEY INGREDIENTS

Branched-chain amino acids (BCAA), L-glutamine, L-arginine, betaine, taurine

* **NOTE:** If you are pregnant or nursing, check with your healthcare professional before taking this product.

